

MISSION: Does program meet the District’s mission and established core competencies? Does program reflect the District’s diversity?	Status					
	05-06	06-07	07-08	08-09	09-10	10-11
Current Recommendations						
a) Review course outlines for consistency and continuity consistent with requirements of all four-year college or university systems so that full-time and adjunct instructors understand the objectives and requirements for all fitness related courses				C		
b) Revise course outlines to measure student learning outcomes within three years				I		
c) The physical education fitness program should continue to explore course scheduling options to ensure flexibility and access for all students				C		
d) The physical education fitness program should continue to facilitate a positive working relationship between degree/credit based curriculum and non-degree/community based curriculum courses as it relates to scheduling, assessment, orientation, pedagogy, and evaluation				C		
e) Explore new course offerings that will meet the needs of students’ changing fitness interests				I		
f) Increase community and student awareness of fitness related course offerings and encourage participation				C		
g) The physical education fitness program should continue to be sensitive to serving a diverse student population				C		
h) Incorporate cross discipline approaches to instruction of fitness instruction directed at meeting expectations and requirements of other disciplines				I		
New Recommendations						

NEED: How is program addressing needs based on labor market data, enrollment, articulation, advisory committee, regional agreements, etc.?	Status					
	05-06	06-07	07-08	08-09	09-10	10-11
Current Recommendations						
a) The physical education faculty should explore the implementation of the current fitness assessment lab into all fitness related curriculum				I		
b) The physical education program should provide instructional workshops facilitating the use of fitness testing technology available in the assessment lab to promote consistency throughout the fitness curriculum				P		
c) Faculty should research current fitness assessment technology and testing protocols for use in the assessment lab				P		
d) The physical education fitness program should explore the feasibility of expanding the current fitness related curriculum to meet students' needs in a non-traditional fitness setting				P		
e) The Long Range Facilities plan should be coordinated to accommodate growth in the physical education and athletics program				C		
New Recommendations						

<p><b>QUALITY:</b> Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?</p>	Status					
	05-06	06-07	07-08	08-09	09-10	10-11
Current Recommendations						
a) All syllabi include clear grading policy, attendance and make-up policy, office locations, office hours, drop date policies and other information pertinent to district policies				I		
b) Part-time faculty should be evaluated on a yearly basis by full-time faculty and the Department Dean to ensure quality and uniformity within the program				C		
c) Students enrolled in fitness related courses should be given voluntary health history forms prior to participation in physical activity required by course curriculum				I		
d) Maintain flexibility within the scheduling of classes to ensure availability of fitness related classes to meet students' needs				C		
e) Maintenance of instructional and assessment equipment to meet professional standards, ensure proper function and safety				C		
f) Offer an annual retreat for the purpose of discussing and improving pedagogy and methodology of fitness related courses				P		
g) Implementation of student learning outcomes with appropriate standards of assessment in all fitness related courses over a three year period				I		
h) Establish a liaison between credit class offerings and continuing education class offerings for purposes of academic integrity, scheduling of classes, feasibility, continuity and overall efficiency of both programs				P		
i) Update college catalog course descriptions in course outlines of record and consider the deletion of "recommended for men/women" statements				C		
New Recommendations						

FEASIBILITY: Are facilities, equipment, and library resources adequate? Are evening programs and services adequate? Are course offerings frequent enough for students to make adequate progress in both day and evening programs? Does the program have adequate communication with & support from Counseling?	Status					
	05-06	06-07	07-08	08-09	09-10	10-11
Current Recommendations						
a) Physical education faculty should explore the feasibility of adding a Personal Fitness Trainer Certification course in conjunction with the National Council on Strength and Fitness (NCFE) that would certify students to be personal trainers to enter the workforce				P		
b) Courses should be evaluated as to their suitability for either distant education or other alternative modalities				NA		
c) Continue to seek grant funding and other sources to be used to update equipment/facilities				I		
New Recommendations						
d) Replace carpeting/flooring in fitness center				I		

COMPLIANCE: Do course requisites meet Federal, State & District requirements? Do the course outlines meet state, district & federal regulations for content? Do vocational programs have regular advisory meetings?	Status					
	05-06	06-07	07-08	08-09	09-10	10-11
Current Recommendations						
a) Faculty should develop departmental course sample syllabi to comply with district course outlines to be used by all physical education faculty				I		
b) Faculty should review course syllabi to ensure the implementation of student learning outcomes				C		
New Recommendations						

ANNUAL PROGRAM REVIEW SUMMARY for PHYSICAL ED. - Fitness 04-05 Full Review Due: 10-11

PROGRAM SLOs	Cycle Stage					
	05-06	06-07	07-08	08-09	09-10	10-11
<b>1. Communication</b>						
a)						
b)						
c)						
<b>2. Computation</b>						
a)						
b)						
c)						
<b>3. Creative, Critical, and Analytical Thinking</b>						
a) a) Develop lifelong fitness goals while decreasing the risk of injury in a safe, structured environment to promote lifelong fitness.			W			
b) b) Improve knowledge and encourage the implementation of lifelong physical activity and wellness to promote a healthy lifestyle.			W			
c) c) Recommend strategies and methods to increase capacity and preparation for lifelong fitness activities in the pursuit of further personal development.			W			
d) Value a positive and enjoyable environment that is conducive to building confidence, social interaction, and self-esteem to develop physical fitness.			W			

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e) Select and examine coursework based on changing interests as they relate to physical fitness activities (i.e. rock climbing, snowboarding, etc.) in order to develop a variety of personal interests.

4. Community/Global Consciousness and Responsibility						
a)						
b)						
c)						

PROGRAM SLOs	Cycle Stage					
	05-06	06-07	07-08	08-09	09-10	10-11
5. Technology/information competency						
a) a) Use technology in the assessment and evaluation of fitness levels to increase awareness of individual fitness level.			W			
b)						
c)						
6. Discipline/Subject area specific content material						
a) a) Improve muscular strength, muscular endurance, flexibility, body composition, and cardiovascular endurance within limits of personal fitness levels to promote lifelong fitness.			W			
b) b) Participate in fitness activities that promote and enhance wellness and life long fitness.			W			
c)						

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